



## FAMILY CONVERSATIONS

Families, use this to prompt conversations at the table, in the car, and anywhere else your family experiences life together.

- Is following God ever hard or confusing for you?
- What are some things God has done in your life?
- What are some things you want God to do in our family?



## WALK IT ACT IT MOVE IT

### What Can You Do?

In God's big story, God heals Naaman—doing something that nobody else can! Test the skills in your family to see who is capable of amazing feats. Invite everyone to do the following if they are able and see who can:

- Jump the farthest
- Jump the highest
- Do a somersault
- Do a cartwheel
- Touch their noses with their tongues
- Roll their "r's" with their tongues
- Hold their breath the longest
- Sing the highest note

Add some of your own ideas to the list. After seeing who in your family can do what no one else can, take a minute to talk about how God heals and saves and rescues us. He is the One who ultimately does what no one else can!



## HANDS ON

### Letters for Those in Need

Naaman was sick and in need of healing. He went to Israel looking for help, and God healed him. When we ask in prayer, God can and will do miraculous things, but He also invites us to care for those in need.

As a family, talk about those who are sick or lonely in your area. Find the address of a nearby seniors' home or long-term care center. Take some time to write a letter or draw pictures to send to people in need of encouragement. Then pray for those who will receive your letter.