

Families, use this to prompt conversations at the table, in the car, and anywhere else your family experiences life together.

- Would you rather have a powerful body or a powerful mind? Why?
- What's the most powerful thing you've seen or experienced? How does it compare with God's power?
- In Joshua 1:9, God told Joshua to be strong and courageous—and he was. If God told you the same thing, how would you respond? What would you do?



Elisha's servant got an eyeful of God's unseen power—and your family will be discovering an unseen power too! In your home, gather your family and ask what unseen power is around you. They might mention electricity in the walls, WiFi or TV signals in the air, ultraviolet rays from the sun, or even radio waves.

Using a radio, twist the dial until you find a style of music you like. Then have each family member do the same. Once everyone has had a turn, pick one style and have an impromptu family dance party!

No radio in the house? Troop on out to a car and fire up *that* radio—though your dance party will require you to get out and bust your moves in front of any neighbors (who might be watching). If they see you, invite them to join in!



Bend That Finger!

Before starting, check to make sure everyone brought their fingers with them. All set? Then let's get to it!

There are some things we have the power to do ourselves, but other things only God can accomplish. Your family will do an activity that illustrates the difference.

Gather your family around a flat surface—a tabletop is perfect. Have your family members place their hands, palms down, on the surface and then bend their middle fingers down under their palms. Tell them to then lift their thumbs. This should be no problem. Then their pointer fingers, then their pinkies. Last, ask your family members to lift their ring fingers ... which won't happen. Why? Because the tendon in your ring finger is connected to the tendons of your middle and pinky fingers.

As a family grab a snack and talk about this: Where in our lives do we need God's power working in and through us? What are some things we just can't do on our own?

