



FAMILY CONVERSATIONS

Families, use this to prompt conversations at the table, in the car, and anywhere else your family experiences life together.

- Have you taken Communion before? If so, tell us about the first time you took it.
- What does Communion mean to you?
- Why do you think Jesus wants us to remember His death?
- How does Jesus' death change everything for us?



CREATE IT!

Making Matzah Bread

Jesus' last supper was during the holiday of Passover, a time when all of God's people remember how God rescued them from slavery and brought them out of Egypt in the book of Exodus. Everyone gathered in Jerusalem to remember God's salvation.

It was likely a Passover Seder meal where Jesus introduced Communion and its meaning to His disciples. At Passover, there is unleavened bread called matzah because there was no time for bread to rise before God's people left Egypt. Jesus used the matzah to symbolize His body that would be broken on the cross.

Do an internet search to find a simple recipe for making matzah. Most recipes require flour, salt, oil, and water and then some baking time in the oven. Make the matzah as a family, and while you do, discuss the significance of Jesus' last supper and the meaning of His body broken for us. Also consider sharing about the first time you took Communion (if you've taken it) and what it meant to you.



BIBLE MEMORY

Word of Wonder Experience

Our Word of Wonder for the Walking with Jesus series is Matthew 11:28. Jesus invites us to come to Him with our weariness and heavy burdens and He will give us rest.

Learn this verse as a family by feeling what it is like to carry a heavy burden. Pack a backpack with some heavy books or rocks, and if the weather is pleasant, go for a walk outside. Take turns carrying the heavy backpack so everyone can feel the burden. If the weather doesn't allow, take turns carrying the heavy backpack around your home.

After some time carrying the burden, sit down together with a snack or drink and practice saying the verse together. Talk about ways that Jesus gives us rest through His Word and the presence of His Spirit.