

Families, use this to prompt conversations at the table, in the car, and anywhere else your family experiences life together.

- Have you ever noticed God's Holy Spirit helping you? If so, tell us about it.
- What stories have you heard about God helping other people?
- How can we practice noticing the Holy Spirit helping us?
- What do you need God's help with this week?



## **Prayer Walk**

In God's big story, the Holy Spirit led Paul and his friends from place to place, helping them know who to share the good news of Jesus with. God works through the Holy Spirit in our lives too!

Take a walk together in your neighborhood. Set out without a specific plan, and as you walk, ask the Holy Spirit to help you notice a certain neighbor to encourage. Pray: Holy Spirit, thank You for leading us! Show us where to go, and lead us to someone who needs encouragement. In Jesus' name, Amen. Then, as you walk, notice the people and places around you and be open to what God might have planned.

When you get home, work together to create something you can deliver to that neighbor, such as a treat, drawing, or encouraging note. If your family didn't notice anyone specific on your walk, that's OK too! You can still create something to encourage a neighbor.



Paul needed the Holy Spirit to help him know where to go and who to talk to about Jesus. You can help your child understand what it's like to rely on a helper through this object lesson. Choose an activity your child can't do alone but could do with your help. (Possible ideas: tying shoelaces, an above-grade-level math problem, standing on their head, or a multi-player card game.)

Challenge your child to do that activity alone. After letting them struggle for 30 seconds, give them help.

Say: We often try to do life on our own without the Holy Spirit's help. Can you think of some things that would be easier with God's help? (Possible answers: forgiving others, getting along, sharing, and being kind.) Let's ask God to remind us to ask for His help!

Pray together, asking for the Holy Spirit's help.

